ST. FRANCIS OF ASSISI CATHOLIC CHURCH

Pastor Fr. Roger Abadano Deacon Robert Kruse Fourth Sunday of Lent March 14, 2021

Our Mission Statement: St. Francis of Assisi Catholic Community strives to be an instrument of peace and love in Amherst County through fellowship in the Eucharist and service to the poor, the youth, the stranger and the un-churched, in cooperation with other Christian churches.

Dear Parishioners,

As the season of Lent approaches it is most incumbent on all of us to pause and consider how we can strengthen our faith in this most Holy Season of Lent. COVID has made it challenging for many of you to attend mass and experience the joys of the physical Eucharist. We pray that the pandemic will be ended and we can all return to the Eucharist. During Lent we should all consider making some additional effort in order to strengthen our faith. Several ways to assist you are listed below and certainly many others exist. Please take this opportunity to pause and consider where you are on your personal faith journey and consider doing something to help that effort.

God bless you all, Father Roger Abadano, Pastor

- 1. Come and join the Mass and Stations of the Cross every Friday at 1:05 P.M.
- 2. Do some charitable works. Fasting, almsgiving and prayer are the three traditional disciplines of Lent.
- 3. Spend quality time and prayer with the Lord especially in this season of Lent.

Regulations for fasting and abstinence:

Fasting is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

Abstinence is observed by all 14th years of age and older. On days of abstinence no meat is allowed. Note that when health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

Ash Wednesday and Good Friday are days of fast and abstinence. All the Fridays of Lent are days of abstinence.

Fasting, almsgiving, and prayer are the three traditional disciplines of lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.

Mass Intentions

Sat., March 13 +Paul Graffeo req. Ginger Graffeo

Wed., March 17 +Hugh, +Louise, +Bobby Camper req. Marie Camper

Stewardship: March 6 & 7: \$1272 Parish Partnership: \$160

Reading I: 2 Chronicles 36:14-16, 19-23/32

Psalm: 137:1-2, 3, 4-5, 6

Response: "Let my tongue by silenced, if I ever forget you"

Reading II: Ephesians 2:4-10

Gospel: John 3:14-21

Prayer List

WE PRAY TO THE LORD...Becky Baudaillier, Maria Brabo, Cindy Burns, Jean Camm, Honey Furfaro, Jennifer Furfaro, Carolyn Greaves, Christine Horwege, Tom Hunnicutt, Shirley Kanthack, Brian Miles, Gene Onestinghel, Parker Onestinghel, Pat Onestinghel, Lori Ann Pompie, Marti Sanita, Rick Shoman, Cochise Suarez, Claudia Szarnicki, Angus Topfer, Kevin Williams, and Tillie & George Winfield. LORD HEAR OUR PRAYERS.

St. Francis News and Notes

- Stations of the Cross and Adoration of the Blessed Sacrament are after our 1:05 pm Friday Mass.
- We are collecting for Lent for Life Rice Bowls during our Lenten season. Also the Catholic Relief Services
 Collection (envelopes on the narthex table), and we have sign up cards if you wish to support the annual
 diocesan appeal.
- Sign up sheet for an Easter Lily purchase in honor of, or memory of, is on the table in the narthex. Cost is \$15 payable to St. Francis.

Ministry Schedule

3/13 Saturday

Altar Server-Marlene Swift Lector-Marilyn Gilbert

3/14 Sunday

Altar Server-Matthew Pietsch Lector-Maureen Chesney

Easter Services

5 pm	Palm Sunday Vigil
8 am	Palm Sunday
1:05 pm	Mass & Lenten Reconciliation
5 pm	Holy Thursday
5 pm	Good Friday
5 pm	Holy Saturday Vigil
8 am	Easter Sunday
	8 am 1:05 pm 5 pm 5 pm 5 pm

March Birthdays

George Winfield

Ron Horwege	5
Carol Meade	9
Norman Carson	9
Joan Thompson	10
Christine Furlong	12
Tillie Winfield	16
Ruth Morton	29
Ann Tucker	30

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Mass Times: Wed. 1:05 pm, Sat., 5:00 pm; Sunday 8:00 am; Reconciliation: Sat., 4:30pm –4:50pm & by appt.

Office Hours: Tues. 11:00-3 pm; Wed. 1:00-3:30 pm; Fri. 11:00-3 pm **Office phone**: 434-946-2053

Email: parish@stfrancisamherst.org Website: http://www.stfrancisamherst.org

Facebook: stfrancis/amherst/va

Parish mailing address: POB 663, Amherst, VA 24521